



 West Virginia University  
ESTABLISHED 1862

# UPDATES ON THYROID EYE DISEASE

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# DISCLOSURE

- NO FINANCIAL INTEREST OR RELATIONSHIP TO DISCLOSE

# EPIDEMIOLOGY

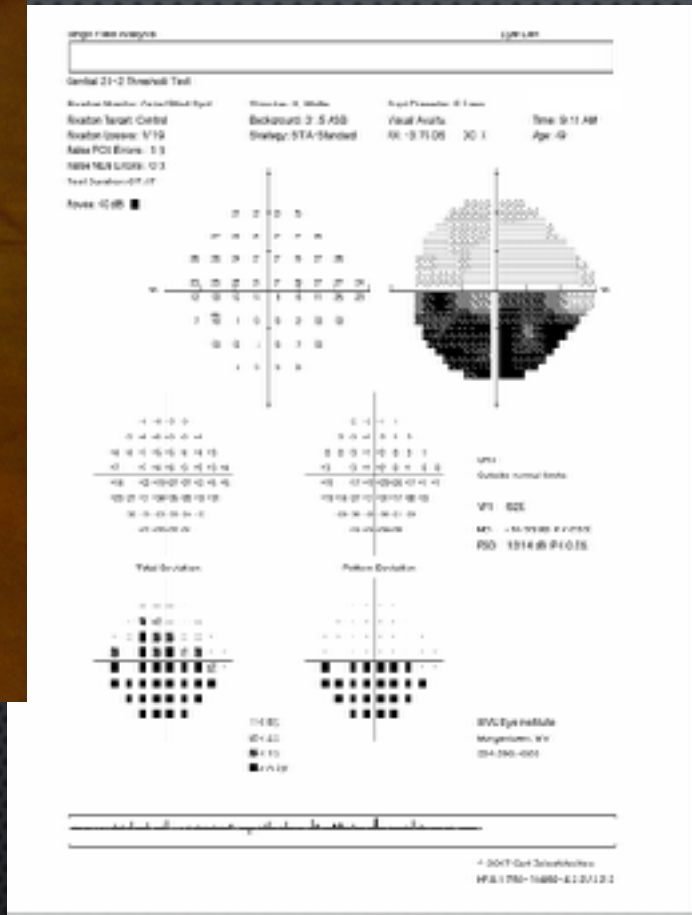
- MOST COMMON AUTOIMMUNE ORBITAL DISEASE
- ANNUAL INCIDENCE
  - 16/100K WOMEN
  - 3/100K MEN
- CAUCASIAN > ASIAN
- 30-50 YO
  - OLDER AGE (MALE)
- THYROID STATUS
  - HYPERTHYROIDISM (90%)
  - HASHIMOTO THYROIDITIS (3%)
  - HYPOTHYROIDISM (1%)
  - NORMAL THYROID FUNCTION (6%)

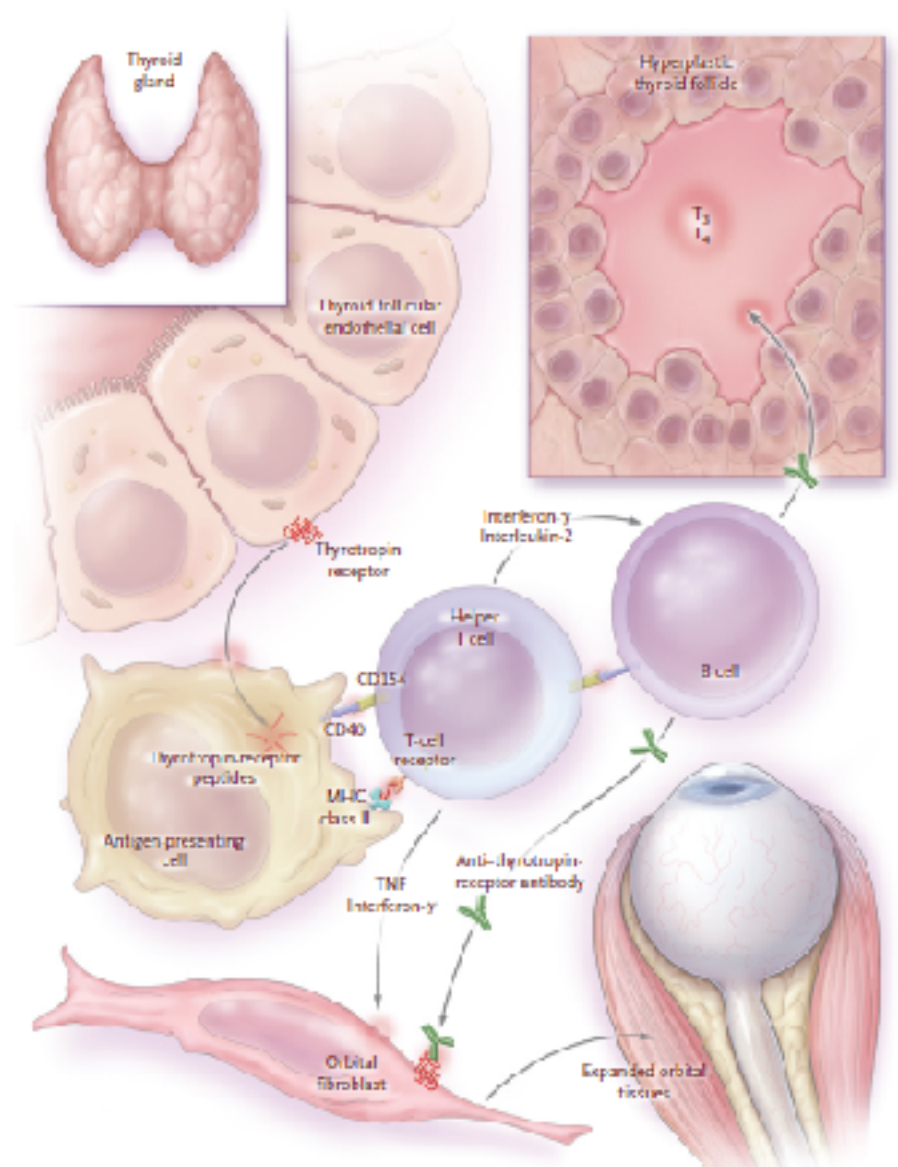


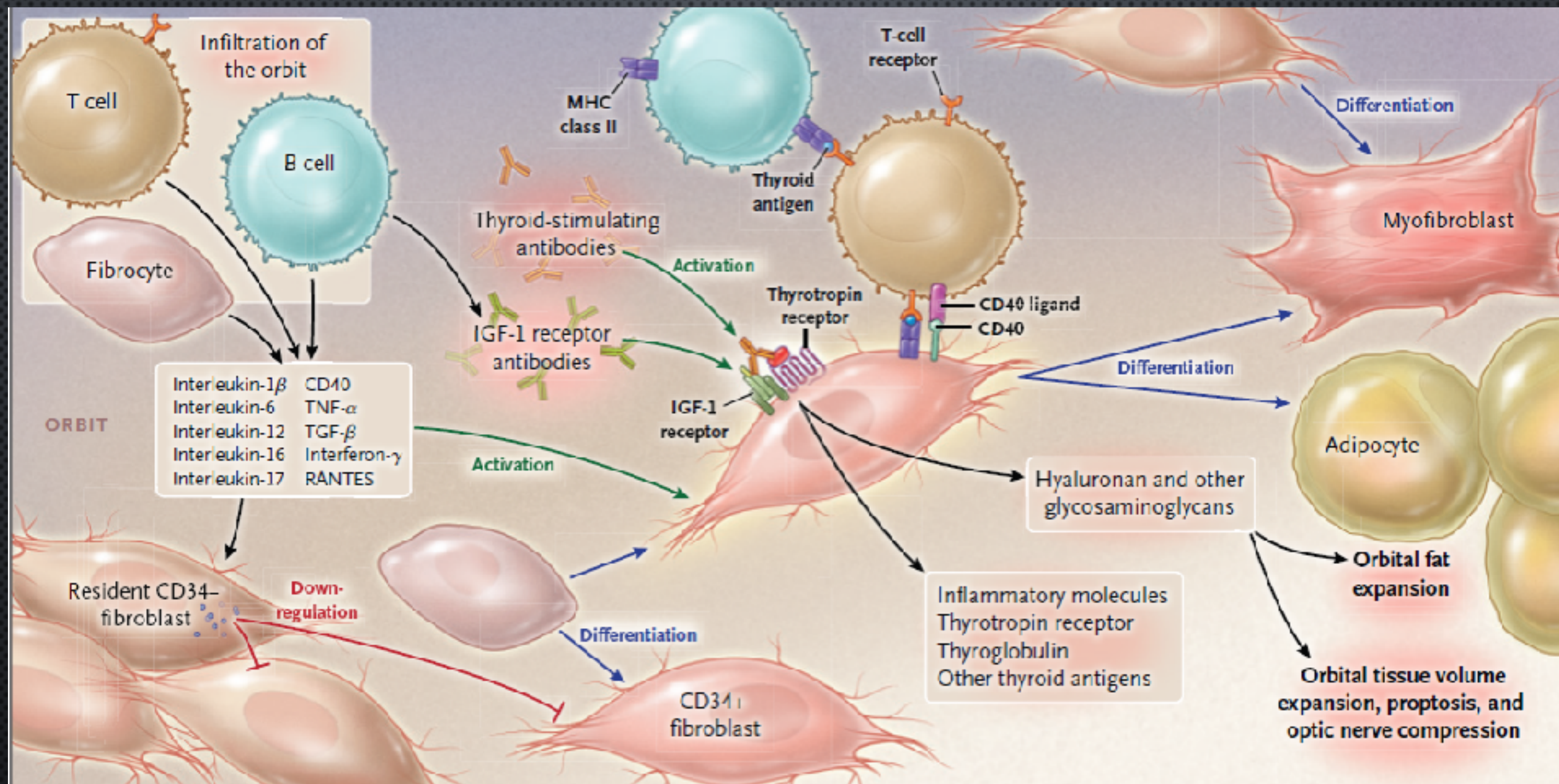
# SYMPTOMS & SIGNS

- CLINICAL SIGNS IN 50% OF GRAVES' PT
  - EYELID RETRACTION – 75-90%
  - PROPTOSIS – 40-70%
  - MOTILITY DISTURBANCES – 42%
  - PAIN -30%
  - TEARING – 23%
  - OPTIC NEUROPATHY - <5%
- SUBTLE CHANGES IN ORBITAL IMAGING SEEN IN 70% WITH GRAVES









Severity  
GO

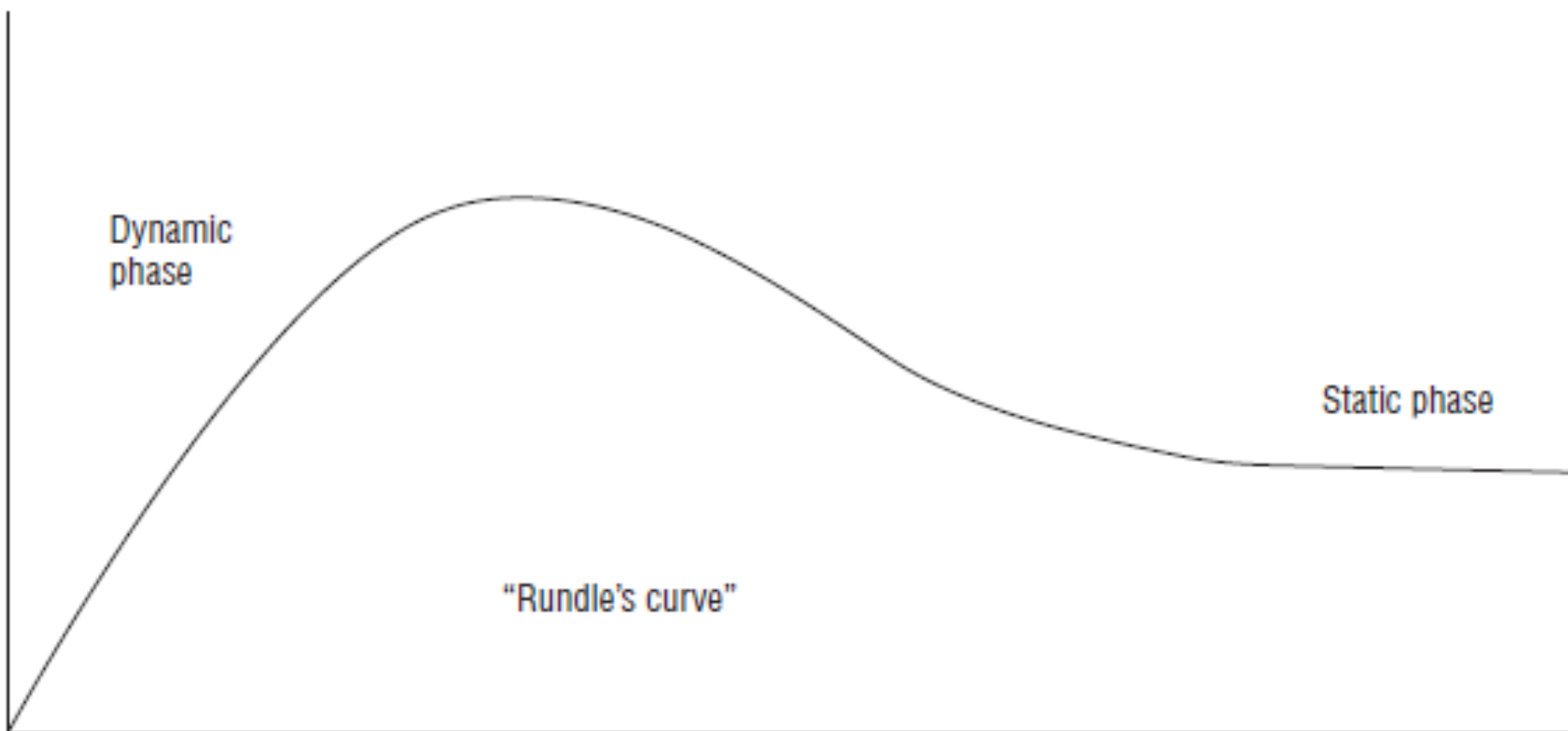


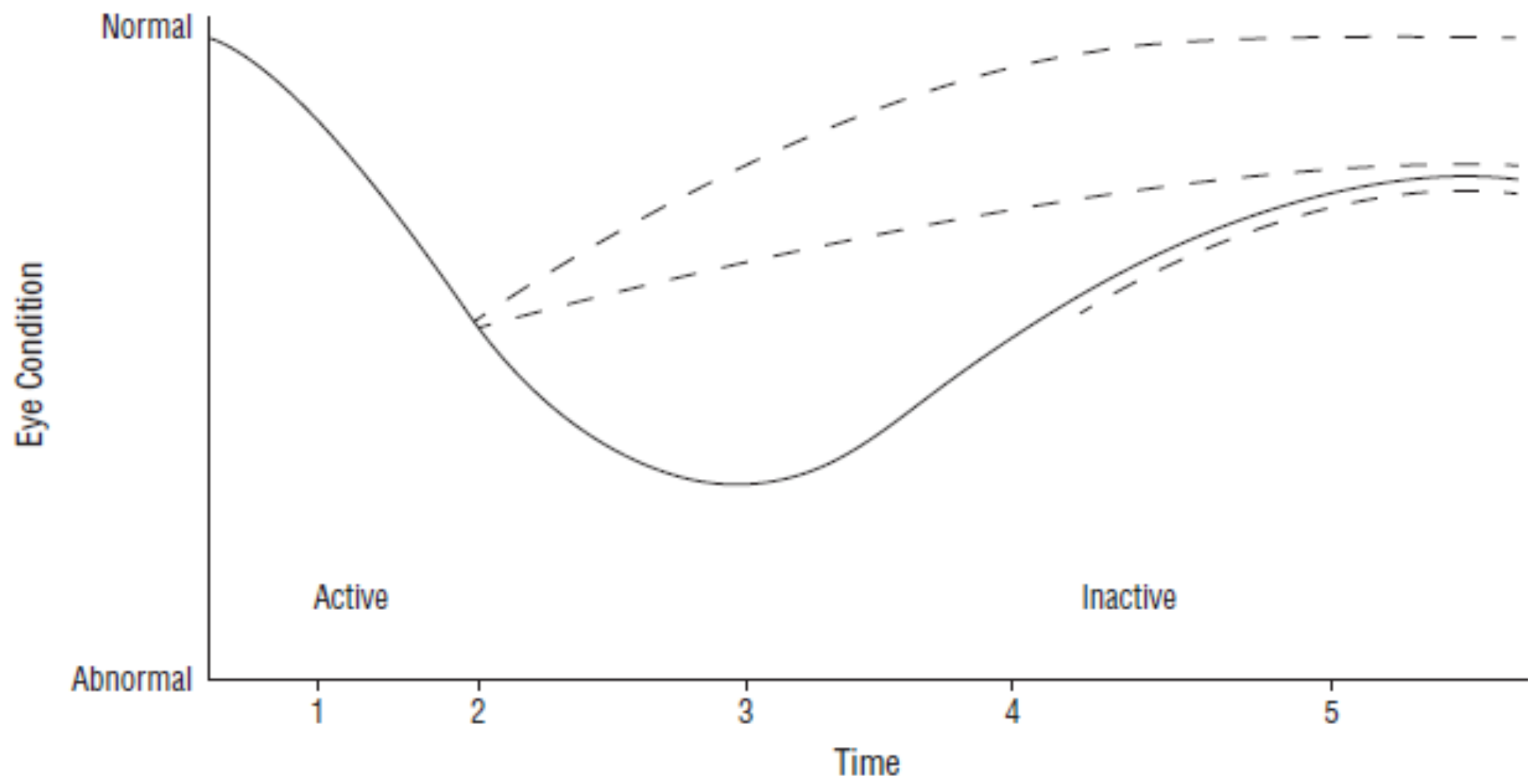
Dynamic  
phase

Static phase

"Rundle's curve"

Time →





Sign or symptom	Score
Caruncular edema	0: absent 1: present
Chemosis	0: absent 1: conjunctiva lies behind the grey line of the lid 2: conjunctiva extends anterior to the grey line of the lid
Conjunctival redness	0: absent 1: present
Lid redness	0: absent 1: present
Lid edema	0: absent 1: present but without redundant tissues 2: present and causing bulging in the palpebral skin, including lower lid lestron
Retrobulbar ache	
At rest	0: absent; 1: present
With Claze	0: absent; 1: present
Diurnal variation	0: absent; 1: present

	<p>lid swelling</p> <p>0) Absent 0) Mild: none of the features defining moderate/severe swelling are present 0) Moderate: diffuse swelling but no lower eyelid tenting and in the upper eyelid the skin tent is unaccompanied by a 45° divergence 0) Severe: lower eyelid tenting; Upper lid lid remains rounded on 45° divergence</p> <p>lid erythema</p> <p>0) Absent 0) Present</p> <p>Conjunctival redness</p> <p>0) Absent 0) Mild: conjunctival or minimal redness 0) Moderate: &gt;50% of inferior conjunctival redness 0) Severe: &gt;50% of inferior conjunctiva swollen</p> <p>Conjunctival edema</p> <p>0) Absent 0) Present: separation of conjunctiva from sclera present in &gt;1/3 of the total width of the inferior sclera or conjunctiva anterior to eyelid inflammation of tarsus or pleurotarsus</p> <p>0) Absent 0) Present: plus is palpated through closed eyelid or conjunctiva after withdrawal</p>
lid tenting	<p>Palpebral aperture (mm)</p> <p>Upper/lower lid retraction (mm)</p> <p>Lid margin (mm)</p> <p>conjunctival edema</p> <p>0) Absent 0) Present 0) Mild phenomenon 0) Absent 0) Present</p>
lid measurements	Measurement with Vernier calipers/mmeter, recording of intercanthal distance.
Proptosis	Prism cover test
Exodeviation	<p>Abductus</p> <p>Esotropia</p> <p>Field of binocular single vision</p> <p>Corneal irregularity</p> <p>0) Absent 0) Punctate keratopathy 0) Diffuse 0) Corneal edema</p>
Cornea	<p>0) Visual acuity: LogMAR or Snellen</p> <p>0) Off-axis pupil defect (present/absent)</p> <p>0) Colour vision</p> <p>0) Optic disc assessment: normal/atrophic/diabetic</p>
Optic neuropathy	

# CLINICAL EVALUATION

# VISA

- VISION
- INFLAMMATION (10 POINTS SCALE)
  - CONJUNCTIVAL INJECTION (0-1)
  - CHEMOSIS (0-2)
  - CARUNCULAR EDEMA (0-1)
  - EYELID EDEMA (0-2)
  - EYELID ERYTHEMA (0-1)
  - RETROBULBAR ACHE (0-2)
  - DIURNAL VARIATION (0-1)
- STRABISMUS
- APPEARANCE

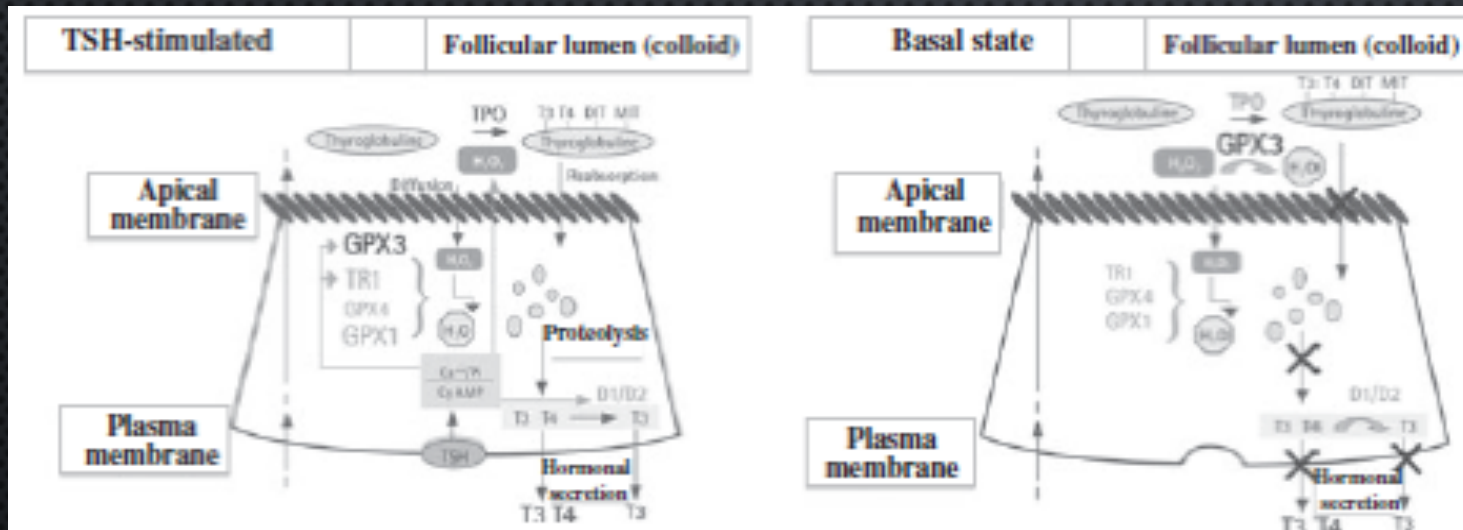


# TREATMENT

Therapy	Mode of Action	Pros and Cons	Common Doses
<b>Mild active disease</b>			
Topical solutions			
Artificial tears	Maintain tear film	Rapid action, minimal side effects	
Glucocorticoids	Reduce inflammation	Rapid action, minimal side effects	
Avoidance of wind, light, dust, smoke	Reduces ocular surface desiccation, reduces irritation		
Elevation of head during sleep	Reduces orbital congestion		
Avoidance of eye cosmetics	Reduces irritation	Benefits not yet confirmed	
Selenium <sup>98</sup>	Uncertain	Benefits not yet confirmed	
<b>Moderate or severe active disease</b>			
Systemic glucocorticoids			
Oral	Reduce inflammation and orbital congestion	Hyperglycemia, hypertension, osteoporosis	Up to 100 mg of oral prednisone daily, followed by tapering of the dose <sup>60</sup>
Intravenous	Reduce inflammation and orbital congestion	Rapid onset of anti-inflammatory effect, fewer side effects than oral delivery, liver damage on rare occasions	Methylprednisolone, 500 mg/wk for 6 wk followed by 250 mg/wk for 6 wk <sup>61,62</sup>
Orbital irradiation	Reduces inflammation	Can induce retinopathy	2 Gy daily for 2 wk (20 Gy total) <sup>63</sup>
B-cell depletion*	Reduces autoreactive B cells	Very expensive; risks of infection, cancer, allergic reaction	Two 1000-mg doses of intravenous rituximab 2 wk apart
Emergency orbital decompression †	Reduces orbital volume		
<b>Stable disease (inactive)</b>			
Orbital decompression (fat removal)	Reduces orbital volume	Postoperative diplopia, pain	
Bony decompression of the lateral and medial walls	Reduces proptosis by enlarging orbital space	Postoperative diplopia, pain, sinus bleeding, cerebrospinal fluid leak	
Strabismus repair	Improves eye alignment, reduces diplopia		
eyelid repair	Improves appearance, reduces lagophthalmos, and improves function		

# SELENIUM

- ESSENTIAL FOR SELENOCYTOSINE SYNTHESIS
- INCORPORATE INTO ENZYMES
- REDUCTION-OXIDATION FUNCTION



Selenoproteins	Proposed functions
<b>Glutathione peroxidases (GPXs)</b>	
GPX1	Cytosolic antioxidant, type of reserve?
GPX 2	Digestive tract antioxidant
GPX 3	Plasma and extracellular space antioxidant, significant thyroid expression
GPX 4	Mitochondrial membrane antioxidant, structural protein of sperm, apoptosis?
GPX 5	Unknown
GPX 6	GPX1 homologue?
<b>Thioredoxin reductase (TRs)</b>	
	Sustain the oxidation-reduction systems within the body, regulates certain transcription and cell growth factors
TR1	Principally cytosolic, ubiquitous
TR2	Testes expression
TR3	Principally mitochondrial, ubiquitous
<b>Deiodinases</b>	
Type 1 deiodinase (D1)	Conversion of T4 into T3 and rT3, and T3 into rT3 or T2 Localisation: liver, kidneys, thyroid gland, pituitary gland
Type 2 deiodinase (D2)	Conversion of T4 into T3, and T3 into T2 Localisation: thyroid gland, CNS, pituitary gland, skeletal and heart muscles
Type 3 deiodinase (D3)	Conversion of T4 and T3 into rT3 and T2 Localisation: gravid uterus, placenta, foetal liver, foetal and neonatal brain, skin of newborns
<b>Other selenoproteins</b>	
Selenoprotein P	Transportation of selenium, endothelial antioxidant
Selenoprotein W	Heart and skeletal muscle antioxidant
Selenophosphate synthetase	Synthesis of selenophosphate for selenoproteins
15-kDa selenoprotein	Protection against cancer?
Selenoproteins H, I, K, M, N, O, R, S, T, V	Function unknown

# Selenium and the Course of Mild Graves' Orbitopathy

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 for the European Group on Graves' Orbitopathy

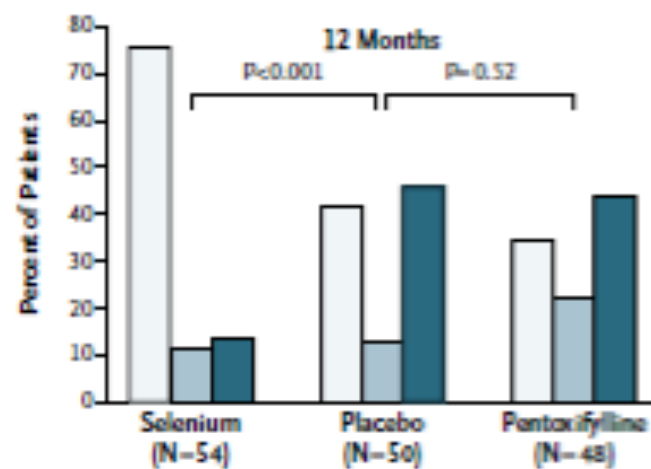
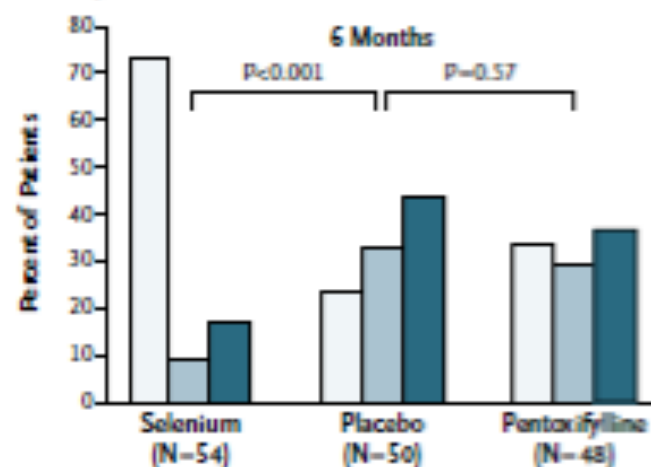
Characteristic	Selenium (N=34)	Placebo (N=30)	Permethylline (N=45)
<b>Demographic and clinical characteristics</b>			
Age—yr	43.0±11.0	44.6±10.7	43.7±12.4
Female sex—no. of patients (%)	48 (89)	41 (82)	37 (77)
Race—no. of patients (%)†			
White	52 (95)	50 (100)	48 (100)
Asian	1 (2)	0	0
Black	1 (2)	0	0
Thyroid disease—no. of patients (%)			
Graves' disease	51 (94)	41 (86)	46 (96)
Chronic autoimmune thyroiditis	2 (4)	3 (6)	2 (4)
Euthyroid Graves' disease	1 (2)	4 (8)	0
Previous thyroid treatment—no. of patients (%)			
Pandinidine	4 (7)	4 (8)	6 (12)
Thyroidectomy	4 (7)	9 (18)	6 (12)
Current thyroid treatment—no. of patients (%)			
Antithyroid drug‡	41 (75)	34 (68)	35 (77)
Levothyroxine	9 (17)	9 (18)	11 (23)
None	4 (7)	1 (14)	2 (4)
Duration of eye symptoms or signs—mo	7.7±5.8	6.1±4.6	6.0±4.6
Current smoker—no. of patients (%)	23 (43)	25 (50)	17 (35)
<b>Biochemical characteristics</b>			
Thyrotropin—mIU/liter			
Median	0.6	0.7	1.1
Interquartile range	0.3–2.1	0.3–2.0	0.5–2.2
Thyrotropin-receptor autoantibodies—IU/liter			
Median	6.8	4.3	4.4
Interquartile range	3.5–23.0	2.0–15.0	1.3–11.0
Positive for thyrotropin-receptor autoantibodies—no. of patients/total no. (%)	32/47 (68)	30/41 (73)	27/41 (66)
Positive for thyroid peroxidase autoantibodies—no. of patients/total no. (%)	52/41 (68)	27/41 (66)	26/41 (63)

Characteristic	Selenium (N=54)	Placebo (N=50)	Pentoxifylline (N=48)
<b>Eye symptoms and signs]</b>			
Proptosis — mm	19.7±2.7	19.8±2.3	20.0±2.5
Eyelid aperture — mm	11.5±1.9	11.3±1.7	11.6±2.1
<b>Soft-tissue involvement — no. of eyes/total no. (%)</b>			
Absent	5/108 (5)	5/100 (5)	0
Mild	64/108 (59)	65/100 (65)	52/96 (54)
Moderate	39/108 (36)	30/100 (30)	44/96 (46)
<b>Diplopia — no. of patients (%) ¶</b>			
Absent	43 (80)	44 (88)	43 (90)
Intermittent	6 (11)	3 (6)	2 (4)
Inconstant	5 (9)	3 (6)	3 (6)
<b>Clinical Activity Score]</b>			
Median	3.5	3.0	3.0
Interquartile range	3.0–4.0	2.0–4.0	2.0–5.0

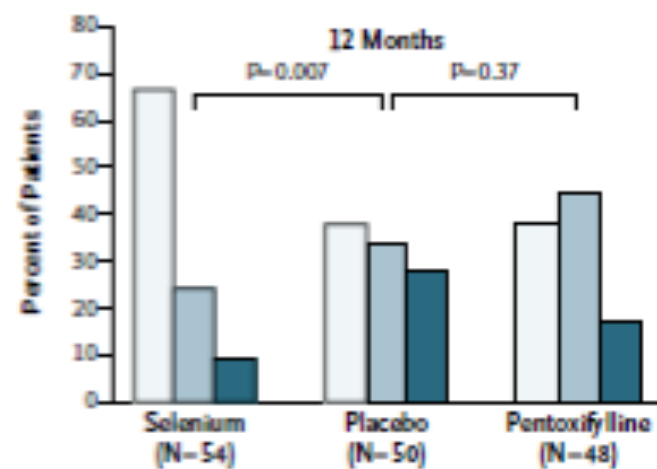
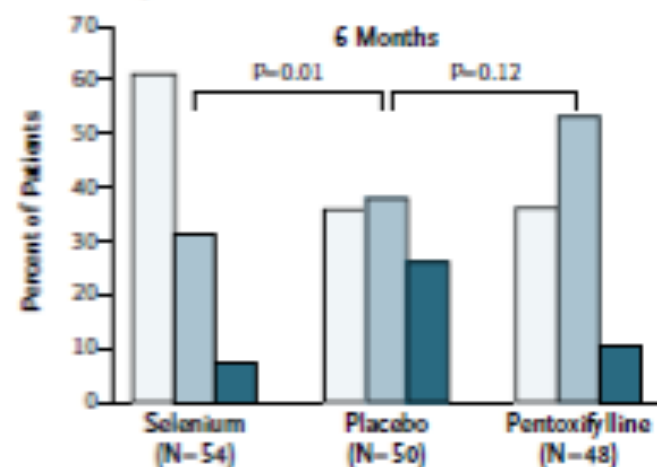
Variable	Selenium (N=54)	Placebo (N=50)	Pentostatin (N=48)	P Value†	
				Selenium vs. Placebo	Pentostatin vs. Placebo
<b>GC-QOL score‡</b>					
<b>Visual functioning</b>					
At baseline	80.1±17.1	84.0±16.5	77.8±16.6	0.29	0.11
Change at 6 mo	8.73±17.7	-2.4±14.6	-8.21±18.8	0.001	0.52
Change at 12 mo	11.0±15.3	-1.7±18.7	-8.54±18.1	0.004	0.30
<b>Appearance</b>					
At baseline	74.0±19.8	79.5±18.1	75.0±18.3	0.15	0.24
Change at 6 mo	10.5±18.9	-2.6±11.7	-1.7±13.8	<0.001	0.73
Change at 12 mo	12.5±11.8	-1.6±17.1	-0.9±15.3	<0.001	0.35
<b>Clinical Activity Score‡</b>					
Baseline				0.17	0.50
Median	1.5	3.0	3.0		
Interquartile range	1.0-4.0	2.0-4.0	2.0-5.0		
Change at 6 mo	-1.3±1.3	-0.6±1.9	-0.9±1.4	<0.001	0.24
Change at 12 mo	-2.2±1.3	-1.0±2.3	-1.4±1.6	<0.001	0.30
<b>Eye evaluation¶</b>					
<b> eyelid aperture — no. of patients (%)</b>					
<b>At 6 mo</b>					
Improved	20 (37)	6 (12)	7 (15)	0.01	0.79
Unchanged	28 (52)	38 (76)	37 (77)		
Worse	6 (11)	6 (12)	4 (8)		
<b>At 12 mo</b>					
Improved	21 (39)	10 (20)	9 (19)	0.03	0.54
Unchanged	26 (48)	37 (74)	33 (69)		
Worse	7 (13)	3 (6)	6 (12)		
F value for 6 vs. 12 mo‡	0.92	0.55	0.64		
<b>Soft-tissue signs — no. of patients (%)</b>					
<b>At 6 mo</b>					
Improved	25 (43)	16 (32)	20 (42)	0.04	0.07
Unchanged	28 (52)	23 (46)	26 (54)		
Worse	3 (6)	11 (22)	2 (4)		
<b>At 12 mo</b>					
Improved	11 (20)	16 (32)	20 (42)	0.005	0.27
Unchanged	21 (39)	24 (48)	24 (50)		
Worse	2 (4)	10 (20)	4 (8)		
F value for 6 vs. 12 mo‡	0.70	0.97	0.64		

□ Improved □ Unchanged ■ Worse

### A GO-QOL Score

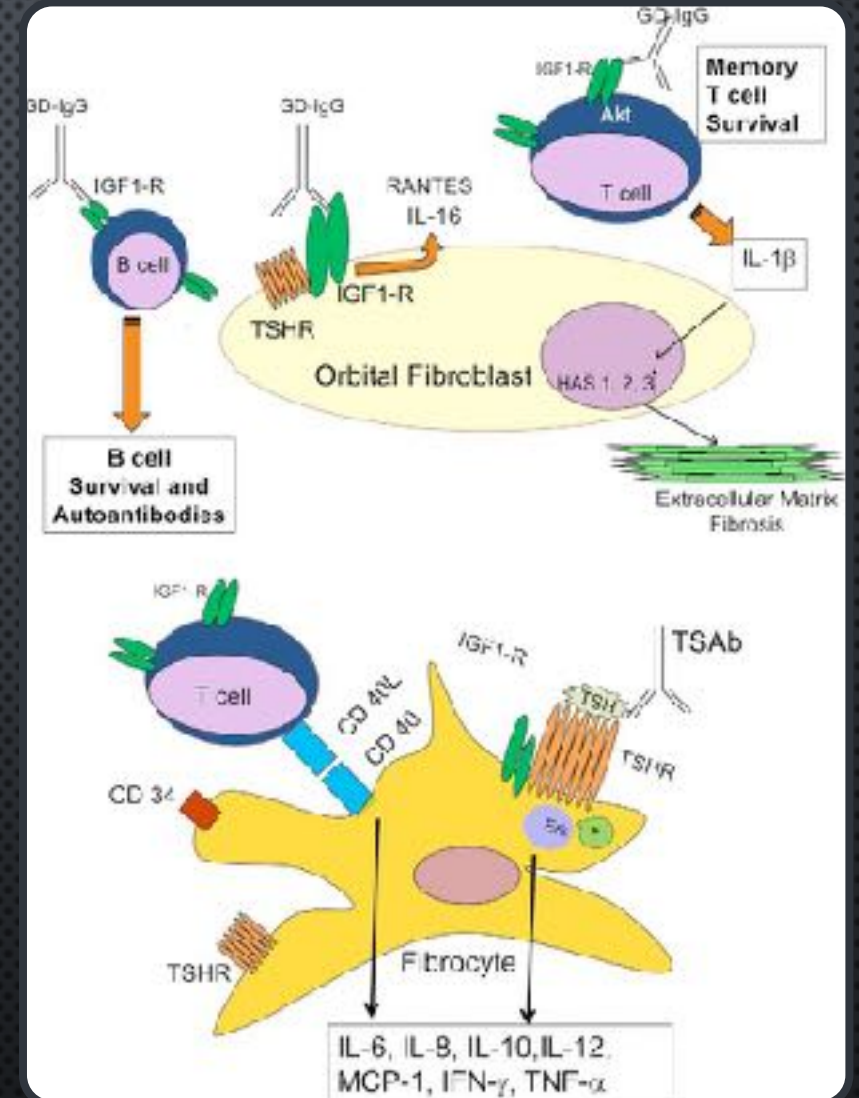


### B Overall Eye Evaluation



# TEPROTUMUMAB

- TARGET IGF1-R
  - TYROSINE KINASE RECEPTOR
  - ENHANCES THYROTROPIN
  - OVER EXPRESSED IN FIBROBLASTS, T & B CELLS

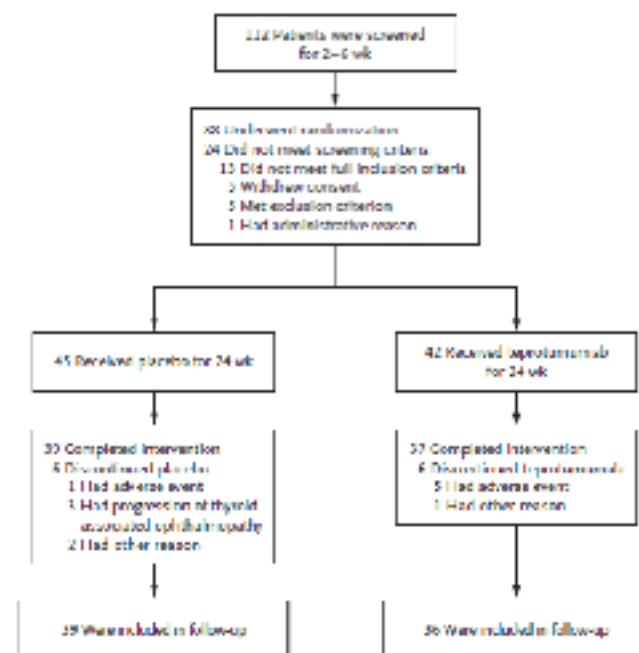


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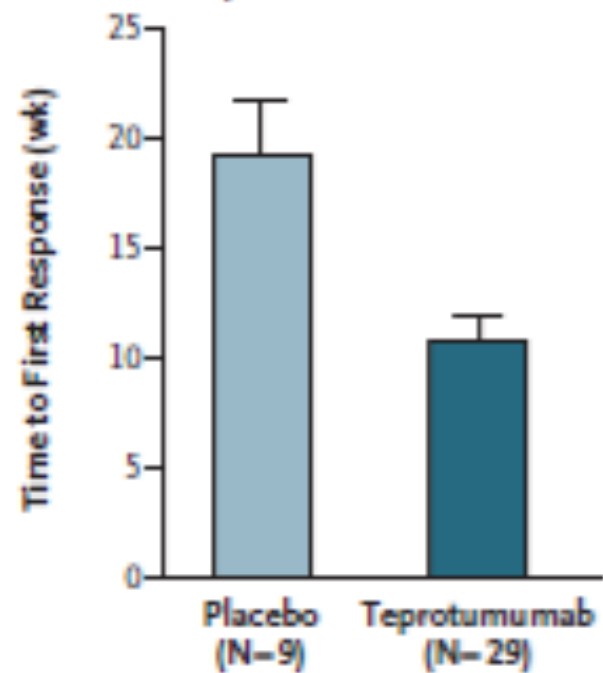
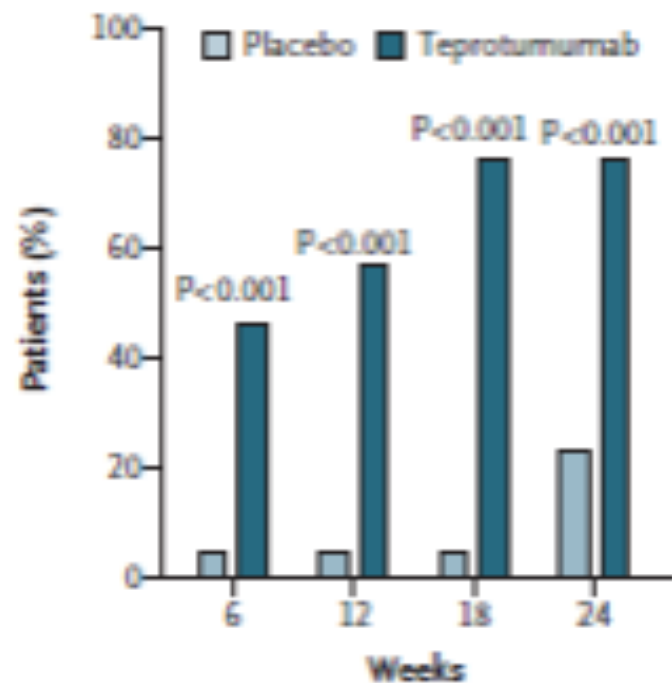
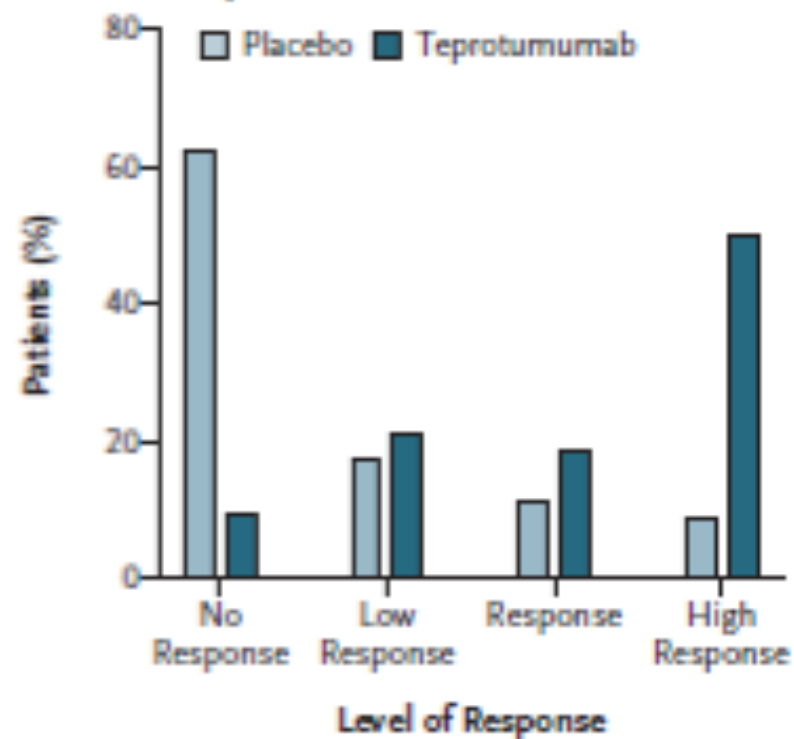
# Teprotumumab for Thyroid-Associated Ophthalmopathy

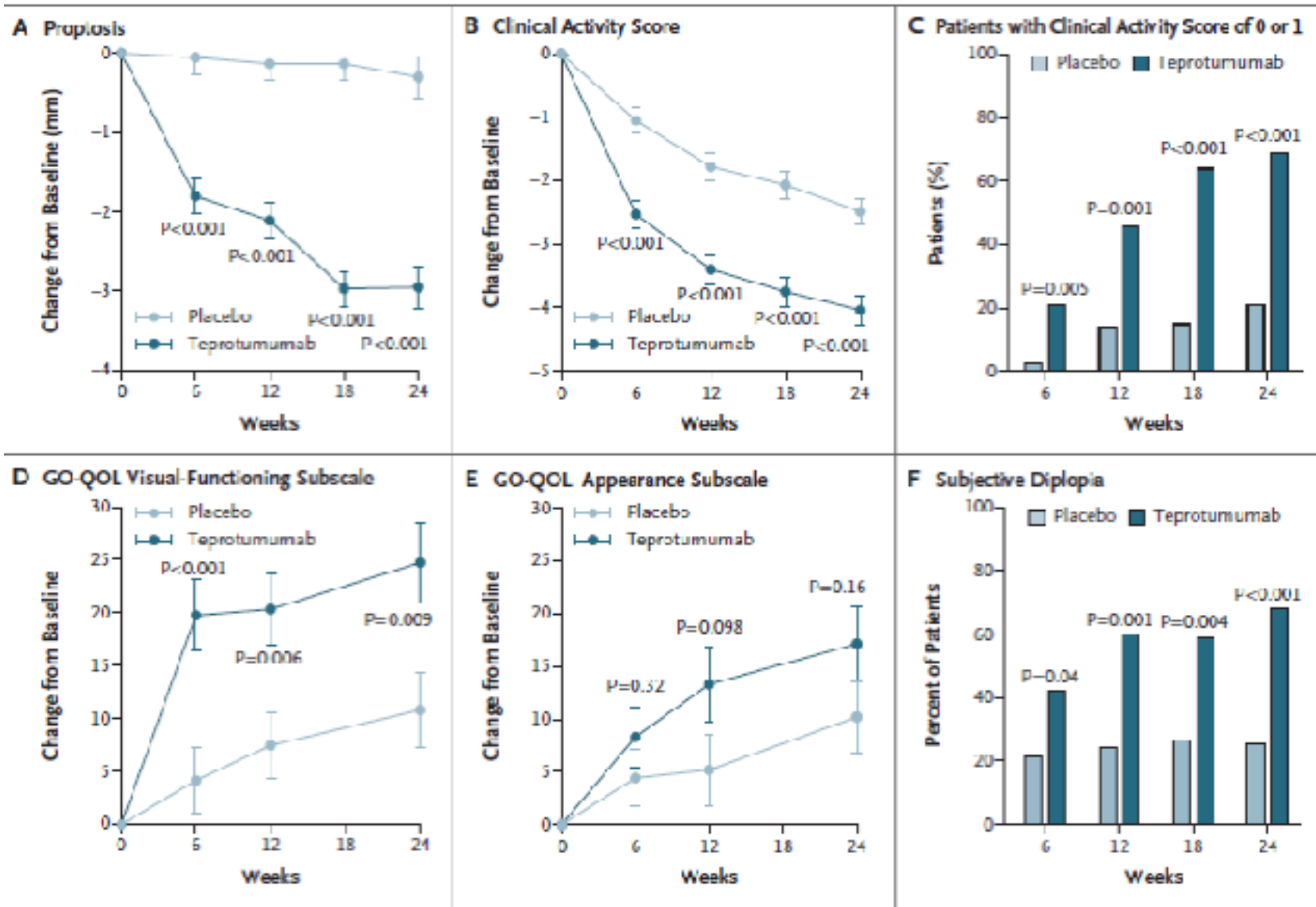
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A Screening, Randomization, and Follow-up



Characteristic	Teprotumumab (N = 43)	Placebo (N = 44)
<b>Demographic and clinical characteristics</b>		
Age — yr	51.6±10.6	54.2±15.0
Female sex — no. of patients (%)	28 (65)	36 (82)
Time since initiation of treatment for thyroid disease — mo†		
Median	5	15
Range	1–154	3–189
Current treatment for thyroid disease — no. of patients (%)		
Antithyroid drug‡	15 (35)	20 (45)
Levothyroxine	26 (60)	23 (52)
Thyroid extract	1 (2)	3 (7)
Adjustment of medication at trial entry — no. of patients (%)		
Levothyroxine	4 (19)	5 (11)
Antithyroid drug	3 (12)	7 (16)
Duration of eye symptoms or signs — mo	4.7±2.1	5.2±2.3
Duration of Graves' disease — mo		
Median	10.7	10.8
Range	1.2–228.0	1.2–299.0
Smoking status — no. of patients (%)		
Nonsmoker	37 (74)	26 (59)
Smoker	11 (26)	18 (41)
<b>Biochemical characteristics</b>		
Thyrotropin-binding inhibitory immunoglobulins — %	51.6±26.9	48.7±25.4
Thyroid-stimulating immunoglobulins — %	422.9±118.1	435.1±105.2
Mean thyroid hormone levels — pmol/liter¶		
Free triiodothyronine	4.8±1.4	4.9±1.7
Free thyroxine	16.3±4.8	16.3±3.6
Levels of free triiodothyronine and free thyroxine — no. of patients (%)		
Euthyroid at baseline and through intervention phase	20 (46)	13 (30)
Values occasionally outside normal range during intervention phase	18 (42)	25 (57)
Sustained out-of-range values during intervention phase	5 (12)	6 (14)

**B Onset of Response****C Time Course****D Graded Response at Wk 24**



Variable	Teprotumumab (N = 42)	Placebo (N = 45)	Odds Ratio (95% CI)	P Value
<b>Response analysis</b>				
Primary outcome measure: response in study eye at wk 24 — no. of patients/total no. (%) <sup>†</sup>				
Intention-to-treat population	29/42 (69)	9/45 (20)	8.86 (3.28–23.8)	<0.001
Per-protocol population	26/34 (76)	8/36 (22)	12.73 (4.01–40.4)	<0.001
Time to first response — wk	11.7 ± 6.6	18.7 ± 7.6		NC
Graded response — no. of patients (%) <sup>‡</sup>			11.80 (4.72–29.5)	<0.001
High response	21 (50)	4 (9)		
Response	8 (19)	5 (11)		
Low response	9 (21)	8 (18)		
No response or missing data	4 (10)	28 (62)		
<b>Proptosis — mm</b>				
Baseline	23.4 ± 3.2	23.1 ± 2.9		
Change from baseline	-2.45 ± 0.20	-0.15 ± 0.19		<0.001
<b>Clinical Activity Score<sup>§</sup></b>				
Baseline	5.1 ± 0.97	5.7 ± 0.74		
Change from baseline	3.43 ± 0.16	1.85 ± 0.17		<0.001
<b>GO-QOL score<sup>¶</sup></b>				
Combined visual-functioning and appearance subscales				
Baseline	34.5 ± 7.3	34.5 ± 6.8		
Change from baseline	17.7 ± 2.4	6.8 ± 2.3		<0.01
Visual-functioning subscale				
Baseline	16.9 ± 4.4	17.8 ± 4.3		
Change from baseline	7.1 ± 2.4	7.5 ± 2.7		<0.001
Appearance subscale				
Baseline	17.6 ± 4.5	16.7 ± 3.8		
Change from baseline	12.9 ± 2.8	6.6 ± 2.7		<0.01
<b>Subjective diplopia<sup>  </sup></b>				
Baseline according to grade — no. of patients (%)			3.78 (1.68–8.54) <sup>***</sup>	0.001
No diplopia	4 (10)	14 (31)		
Intermittent	16 (38)	19 (42)		
Inconstant	7 (17)	8 (18)		
Constant	15 (35)	4 (9)		
Wk 24 according to grade — no. of patients (%)				
No diplopia	21 (50)	18 (40)		
Intermittent	4 (10)	8 (18)		
Inconstant	9 (21)	7 (16)		
Constant	4 (10)	6 (13)		
Wk 24 response — no. of patients/total no. (%)	26/38 (68)	10/39 (26)		<0.001

Variable	Teprotumumab (N=43) <sup>a</sup>	Placebo (N=44) <sup>a</sup>	Summary Details of Adverse Events in Teprotumumab Group
	<i>number of patients (percent)</i>		
<b>Adverse event during intervention</b>			
Nausea	8 (19)	4 (9)	Generally mild and reported after first and second infusions
Muscle spasms	8 (19)	2 (5)	Intermittent, 2 of 8 patients had muscle spasms for >1 wk and received muscle relaxants
Diarrhea	6 (14)	2 (5)	Treatment occurred in 2 of 6 patients, 1 case designated as a serious adverse event (see below)
Hypert glycemia	5 (12)	2 (5)	Mechanism-based adverse event
Alopecia	3 (7)	2 (5)	All mild and no treatment necessary
Dry skin	3 (7)	0	All mild, 1 patient used topical dry-skin cream
Dysgeusia	3 (7)	0	In 2 of 3 patients, a transient "metallic" taste reported on days 1-2
Headache	3 (7)	2 (5)	Generally mild, 1 patient took paracetamol
paresthesia	3 (7)	0	"tingling" reported in nose, feet, or chest; variable onset and in 2 of 3 patients occurred on 1 day
Hearing impairment	3 (7)	0	Disparate symptoms, onset, and duration (i.e., one case of unilateral hearing impairment with onset 16 wk after end of therapy, † one case of mild bilateral hearing impairment that resolved, and one case of tinnitus in a patient with a history of tinnitus)
Weight loss	3 (7)	0	Variable timing; decreases ranged from 5-9 lb (11-20 kg)
Any adverse event during intervention	32 (74)	32 (73)	
<b>Serious adverse event(s)</b>			
Optic neuropathy¶	0	1 (2)	
Diarrhea	1 (2)	0	Severe diarrhea in 1 patient with a 6-month history of ulcerative colitis
Inflammatory bowel disease	1 (2)	0	In 1 patient with recent diagnosis of ileitis and colitis, inflammatory bowel disease diagnosed and treated while patient received trial drug
Escherichia sepsis	1 (2)	0	Escherichia coli infection of unknown origin treated with intravenous antibiotics
Hashimoto's encephalopathy	1 (2)	0	Provisional diagnosis after episodic mental confusion with no other neurologic symptoms
Urinary retention	1 (2)	0	Diagnosed after patient had an inguinal herniorrhaphy
Any serious adverse event	5 (12)	1 (2)	

An aerial photograph of the West Virginia University campus, showing a mix of historic red brick buildings and modern white structures, surrounded by lush green trees and a hillside in the background. The lighting is warm, suggesting late afternoon or early morning.

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